

Enjoy a fun-filled day at the fabulous Memphis Zoo while raising awareness and funds for PKU research!

There will be door prizes, free low protein food/formula samples, and updates on the latest research and developments in PKU treatment.

Check-in is from 9:00-9:45 a.m.

Walk kick-off will begin at 9:45am.

We would like to thank our Event Sponsors:

BioMarin

VitaFlo USA

Nutricia North America

Applied Nutrition

Tennessee PKU Foundation
P.O. Box 681914
Franklin, TN 37068

Walk for PKU

at the
Memphis Zoo

Saturday
April 24, 2010
9:00 a.m.



TENNESSEE PKU
FOUNDATION

Walk Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Names of other attending with you (please indicate ages of children and PKU/IEM):

Registration fees are *optional* for children and adults *with* PKU (sponsored by Biomarin Pharmaceuticals). Proceeds from all registration fees will go to funding the PKU Family Retreat at the Center for Courageous Kids in October.

Registration Fees:

Number of Adults _____ x \$7.00 = \$ _____

Number of Children (ages 3-12) _____ x \$5.00 = \$ _____

Ages 2 & under _____ x Free

Total amount enclosed = \$ _____

Please make checks payable to Tennessee PKU Foundation and return along with this completed form by **April 14th** to: Tennessee PKU Foundation
5468 Sabin Ct.
Murfreesboro TN, 37128

PKU AWENESS T-SHIRTS will be available at the walk for \$5.00 each. Individuals who raise \$30 or more in sponsorships will receive ONE free t-shirt (while supplies last).

EARLY BIRD DRAWING: Registrations postmarked by the April 17th deadline will be entered to win a \$50 gift card!

The event will go on rain or shine!

What is PKU?

Phenylketonuria (PKU) is a rare genetic disorder in which the body cannot break down a common essential amino acid called "phenylalanine," or "Phe". These substances, Phe, are called "essential" because the body must get them from food to build the proteins that make up its tissues and keep them working. Therefore, Phe is essential for normal growth and development.

Phe is found in almost every food, except pure fat and sugar. Too much Phe is toxic to the brain, so when a child with PKU eats food containing Phe, it accumulates in the blood and left untreated causes brain damage and nervous system damage that cannot be repaired.

Treatment consists of a carefully controlled, phe-restricted diet throughout life. There is also a special formula, made without Phe, that people with PKU drink to help them get the vitamins and minerals they can't get from their food. Generally, people with PKU can't eat high-protein foods, such as meat, milk, eggs, and nuts.

There is no cure for PKU, but with proper education and a closely followed diet, PKU children grow to live happy healthy lives.

The mission of the **Tennessee PKU Foundation** is to provide support and education to individuals and families affected by PKU and similar metabolic disorders, raise community awareness, support PKU research, and promote the overall health and well-being of Tennesseans living with PKU and similar metabolic disorders.

To learn more about PKU visit:
www.tennessepku.org

Walk for PKU Sponsor Form

The Walk for PKU participants are encouraged to raise money for PKU research. The Tennessee PKU Foundation has contributed \$45,000 to PKU research since 2007. We rely on walk contributions to make other projects possible as well such as Newborn Welcome Packages, return to diet support, low protein cooking demonstrations, and other educational and support events. The TN PKU Foundation is a 501(c)(3) all volunteer non-profit organization, and *all donations are tax deductible*. Please ask your donors to include us in their employer matching gifts programs, if applicable.

Please place this completed sponsorship form in a sealed envelope with all donations (write a single check for all cash donations) and matching gifts paperwork if provided. Write your name and the total amount enclosed on the outside of your envelope and return the day of the walk during check-in.

Name _____

Address _____

Phone _____

Donation _____

1. _____

2. _____

3. _____

* Include additional sheet of paper with donor information if needed.